



# Organized Medicine Academic Guild - OMAG

A Federation of Professional Medical Organizations of India

*Comprehensive, Organised, Orchestrated & Dynamic Response to COVID-19*

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Ref: OMAG/FSSAI/ Food Safety

November 10, 2022

The Chief Executive Officer (CEO)  
Food Safety and Standards Authority of India  
FDA Bhawan, Kotla Road ,  
New Delhi: 110 002. Email: [regulation@fssai.gov.in](mailto:regulation@fssai.gov.in)

## Sub: Comments/Suggestions on the draft notification Food Safety and Standards (Labelling & Display) Amendment Regulations, 2022.

Dear Sir,

We as Organised Medicine Academic guild –OMAG wish to submit our comments and suggestions as desired.

OMAG is an umbrella organization of professional associations working on cross-cutting issues related to human health and comprises of academic specialties with more than 150,000 specialty and super specialty doctors in India. OMAG is interested in getting rid of the existing concept of working in silos currently pervading in the Indian health sector. OMAG takes up issues that have larger public health ramifications from time to time.

In general, for the best interest of public health, OMAG would like to suggest to the FSSAI to inform citizens of India about which foods are detrimental to their health. We are aware that increasing consumption of unhealthy foods is one of the key reasons for rapid increase in obesity and type-2 diabetes, cancers, cardiovascular diseases among others. We are also aware that the pre-packaged foods are usually rich in nutrients of concern, which you term as “food risk factors” (sugar, sodium, saturated fats and energy). It would be logical and scientific to take steps that would lead to decrease the consumption of such food products that are harmful for human consumption in long run.

Attached please find our comments. (Annex)

With our best wishes

Sincerely,

**Dr. Ishwar Gilada**, Consultant in HIV and Infectious Diseases

Secretary General, Organised Medicine Academic Guild (OMAG)  
(an umbrella organization of professional medical associations of post-graduate doctors)  
& President, AIDS Society of India [gilada@usa.net](mailto:gilada@usa.net) | Mobile Tel: 9820081566

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|            |         |
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## Consultative Status

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| NCDC | UNICEF |