NUTRITION ADVOCACY IN PUBLIC INTEREST-India (NAPi)

14th June 2023

To, Sh. Narendra Modi, Hon'ble Prime Minister, Government of India, South Block, Raisina Hill, New Delhi-110011

Hon'ble Prime Minister Shri Modi Ji,

We write to you on behalf of the Nutrition Advocacy in Public Interest (NAPi http://www.napiindia.in/), which is a national think tank on nutrition -consisting of independent experts in epidemiology, human nutrition, community nutrition and pediatrics, medical education, administration and management; having decades of experience in respective fields; who have come together to advocate on nutrition policy in public interest.

NAPi has reviewed the new publication on the prevalence of diabetes in India to be 11.4%, (1 in 9 individuals), prediabetes -15.3% (1 in 7 individuals), hypertension- 35.5% (1 in 3 individuals), generalised obesity- 28.6% (1 in 4 individuals, abdominal obesity -39.5% (1 in 3 individuals) and Hypercholesterolemia -24% (1 in 4 individuals).

NAP*i* is pleased to share its Statement on the Rise of Diabetes in India 'Prevention is Better than Cure'.

It analyses the new report and existing guidelines on control of NCDs. NAPi believes that prevention efforts should take a front seat in our efforts to control non-communicable diseases.

Therefore, NAPi requests your kind intervention to consider our recommendations, which include revising the current operational guidance of the national NCD control programme and a legal framework or even an ordinance to tackle this problem head on through warning people about unhealthy food products and controlling their marketing.

NAPi would be willing to join in any discussions in this regard.

Yours Sincerely,

Vandens from and

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- 1. Dr. Mansukh Mandaviya, Minister of Health and Family Welfare, GOI
- 2. Sh. Rajiv Gauba, Cabinet Secretary of India
- 3. Sh. Amit Khare, Advisor to PM
- 4. Sh. Rajesh Bhushan, Secretary, Ministry of Health and Family Welfare, GOI

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